

CCR Tools of Deliverance

ABSTINENCE

We commit ourselves to stay clean just for today

MEETINGS

We attend all CCR meetings to learn how the program works,
To share our experience, strength, and hope with each other,
And because, through the support of the fellowship,
We can do what we could never do alone.

SPONSOR

A sponsor is a person in the program who has what we want
And is continually clean. The sponsor is someone you can relate to,
Have access to and can confide in.

TELEPHONE

The telephone is our lifeline... our meeting between meetings,
Call before you use. The more numbers you have, the better.

LITERATURE

The Bible is your guide to life and your primary tool for comfort and truth.
Read it daily. Meditate on its principals. The AA and NA text is also good
Reference tools and recommended reading.

SERVICE

Service to others helps our own program grow.
Service is giving of ourselves.
Service is leading meetings, making coffee, being a sponsor.

ANONYMITY

WHOM you see here
WHAT you see here
WHEN you leave here
LET is stay here.

Anonymity is the foundation of this program.