

How it Works in CCR

If you want what we offer and are willing to make the effort to get it, then you are ready to take steps towards it. These are the steps to Christ Centered Recovery:

- Step One** We have admitted that we are powerless over our addiction and our life had become unmanageable.
- Step Two** We have come to believe that a Power greater than ourselves can restore us to sanity.
- Step Three** We have made a decision to turn our will and our life over to the care of God as He is revealed to us in Jesus Christ.
- Step Four** We have made a searching and fearless moral inventory of ourselves.
- Step Five** We have admitted to God, to ourselves and to another human being the exact nature of our wrongs.
- Step Six** We are entirely ready to let God remove all of these defects in our character.
- Step Seven** We humbly ask Him to remove our shortcomings.
- Step Eight** We have made a list of all persons that we have harmed and have become willing to make amends to them all.
- Step Nine** We will make direct amends to such people wherever possible, except when to do so would injure them or others.
- Step Ten** We will continue to take personal inventory and when we are wrong, promptly admit it.
- Step Eleven** We have sought through prayer and meditation to improve our conscious contact with God as we develop our relationship with Him through Jesus Christ, praying only for knowledge of His Will for us and the power to carry that out.
- Step Twelve** Having had a spiritual awakening as a result of these steps, we will try to carry this message to those addicted to sins nature and to practice these principals in all our affairs.

Many may exclaim, "What a tall order!". Don't be discouraged. No one among us has been able to maintain anything like perfect adherence. We are willing to grow spiritually as God reveals Himself to us. The steps we set down are guides to progress. We claim spiritual progress instead of perfection.